Irreversible ocean thermal expansion under negative CO$_2$ emissions

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Abstract. In the Paris Agreement in 2015 countries agreed on holding global mean surface air warming well below 2°C above pre-industrial but the emission reduction pledges under that agreement are not ambitious enough to meet this target. Therefore, the question arises of whether restoring global warming to this target after exceeding it by artificially removing CO$_2$ from the atmosphere is possible. One important aspect regards the reversibility of ocean heat uptake and the associated sea level rise, which have very long (centennial to millennial) response time scales. In this study the response of sea level rise due to thermal expansion to a 1% yearly increase of atmospheric CO$_2$ up to a quadrupling of the pre-industrial concentration followed by a 1% yearly decline back to the pre-industrial CO$_2$ concentration is examined using the University of Victoria Earth System Climate Model (UVic ESCM). We find that global mean thermosteric sea level (GMTSL) rise continues for several decades after atmospheric CO$_2$ starts to decline and sea level does not return to pre-industrial levels for over a thousand years after atmospheric CO$_2$ is restored to pre-industrial concentration. This finding is independent of the strength of vertical sub-grid scale ocean mixing implemented in the model. Furthermore, GMTSL rises faster than it declines in response to a symmetric rise and decline in atmospheric CO$_2$ concentration partly because the deep ocean continues to warm for centuries after atmospheric CO$_2$ returns to the pre-industrial concentration. Both GMTSL rise and decline rate increase with increasing vertical ocean mixing. Exceptions from this behaviour arise if the overturning circulations in the North Atlantic and Southern Ocean intensify beyond pre-industrial levels in model versions with lower vertical mixing, which leads to rapid cooling of the deep ocean.

1 Introduction

Policy makers agreed to “Holding the increase in the global average temperature to well below 2°C above pre-industrial levels and pursuing efforts to limit the temperature increase to 1.5°C above pre-industrial levels” under the Paris Agreement in 2015 (Paris Agreement, 2015). The national pledges under this agreement, however, are not sufficient to meet this target (Peters et al., 2015; Rogelj et al., 2016). At the same time, global mean surface air temperature would remain elevated even if all CO$_2$ emissions were to cease (Matthews and Caldeira, 2008; Gillett et al., 2011; Matthews and Zickfeld, 2012; Zickfeld et al., 2013), implying that the mere cessation of emissions would not enable recovery of a warming target after exceeding it on multi millennial time scales. Therefore, it has been discussed to artificially remove CO$_2$ from the atmosphere, a measure referred to as “negative CO$_2$ emissions”, using a number of techniques such as reforestation or direct air capture (Smith et al., 2016). It should
be noted that none of these techniques has yet been tested on a large scale (Fuss et al., 2016; Smith et al., 2016). However, most future scenarios that do not exceed the 2°C warming target include such negative CO₂ emissions and show a peak and decline in atmospheric CO₂ stronger than would be achieved by only zeroing emissions (Smith et al., 2016). For example, the only Representative Concentration Pathway not exceeding 2°C, RCP 2.6, includes negative CO₂ emissions (Meinshausen et al., 2011). The decline in radiative forcing induced by negative CO₂ emissions rises the question of the reversibility of anthropogenic climate change, i.e., to what extent it is possible to revert to either a pre-industrial climate or another warming target such as 2°C and the related climate state by artificially removing CO₂ from the atmosphere.

Previous studies have shown that global surface air warming is reversible on human time scales but lags the CO₂ decline due to the ocean’s thermal inertia (Boucher et al., 2012; Tokarska and Zickfeld, 2015; Zickfeld et al., 2016). Other aspects, such as precipitation or sea ice, also recover but lag the temperature response (Boucher et al., 2012). Wu et al. (2010) show a hysteresis behaviour of the hydrological cycle under declining temperatures also due to the ocean’s thermal inertia. The effectiveness of negative CO₂ emissions to lower atmospheric CO₂ is impeded as CO₂ outgases from natural carbon sinks in response to the negative CO₂ emissions. This outgassing increases with increasing negative emissions, thus negative emissions become less effective the higher the negative emissions get (Tokarska and Zickfeld, 2015). Furthermore, the total negative emissions needed for reverting to the initial CO₂ concentration are higher than the total positive emissions (Tokarska and Zickfeld, 2015). This means that more carbon needs to be artificially removed from the atmosphere than was initially emitted due to the hysteresis behaviour of the permafrost carbon pool. This effect is even stronger if the permafrost carbon feedback, which accounts for additional carbon emissions from thawing permafrost, is included (MacDougall, 2013). Another important finding of the reversibility research under negative emissions is that the approximately constant ratio between temperature change and cumulative emissions differs between atmospheric CO₂ increase and decline phases. This difference would need to be taken into account when setting total allowable emissions for a certain warming target after overshoot (Zickfeld et al., 2016).

Previous studies found thermosteric sea level rise to be in principle reversible (Bouttes et al., 2013; Zickfeld et al., 2013; MacDougall, 2013), but reversing it on centennial time scales requires large amounts of negative CO₂ emissions, which are likely infeasible with currently discussed technologies (Tokarska and Zickfeld, 2015). Bouttes et al. (2013) show by using a 2-layer model (Gregory, 2000; Geoffroy et al., 2013) that the decline in thermosteric sea level in response to zeroed or negative radiative forcing (with preceding positive radiative forcing) is due to a strong temperature decline in the upper layer (atmosphere and ocean surface layer) relative to the lower layer (deep ocean), which enables the release of heat. This decline in thermosteric sea level cannot be explained with a zero dimensional energy balance model (0-D EBM) where the ocean is modelled as an infinite heat sink, which cannot spontaneously release heat. Limitations of the 2-layer model are that it has only two different heat capacities and it does not include the ocean overturning circulation. Both shortcomings lead to a too slow heat release under negative emissions relative to an Atmosphere Ocean General Circulation Model (Fast Met Office/UK Universities Simulator) (Bouttes et al., 2013).

Zickfeld et al. (2017) investigate the mechanisms of thermosteric sea level rise and decline induced by emissions of short-lived radiative forcing agents, such as methane, and the cessation of those emissions. Positive emissions rates followed by a cessation of emissions for short-lived radiative forcing agents induces an increase and decline in radiative forcing, which is similar to the
change in radiative forcing that can be induced by positive and negative CO2 emissions as short-lived forcing agents decline relatively fast in the atmosphere after cessation of their emissions. Zickfeld et al. (2017) show that the rate of sea level change from thermal expansion can be approximated with the difference between radiative forcing and a term representing radiative damping to space, which corresponds to a 0-D EBM. This model shows that a negative difference between radiative forcing and global mean surface air temperature (GMSAT) change scaled by the climate feedback parameter enables declining global mean ocean temperatures and thus declining thermosteric sea level. Note that in contrast to Bouttes et al. (2013) Zickfeld et al. (2017) do not assume ocean heat uptake in the 0-D EBM to be proportional to temperature change, which is justified for increasing but not decreasing radiative forcing.

In this study we further explore the physical mechanisms that determine the reversibility of thermosteric sea level rise. In particular, we examine the sensitivity of the reversibility of thermal expansion to parameterization of sub-grid scale ocean mixing. This is important because parameterization of sub-grid scale ocean mixing strongly affects the timescale of ocean heat uptake and release. Using a range of ocean mixing parameters and schemes also enables further insights into the processes involved in the reversibility of thermal expansion and the associated sea level change. We examine the reversibility of thermal expansion and the processes involved in the context of symmetrically increasing and decreasing CO2 concentration.

The model used for this study is a model of intermediate complexity, which allows for simulations on long (millennial) time scales. Section 2 describes this model and the simulations performed. The results of these simulations are presented in Section 3. In Section 4 the conclusions from those results are drawn and discussed.

2 Model and Simulations

2.1 Model

Simulations for this study were performed using the University of Victoria Earth System Climate Model version 2.9 (UVic ESCM 2.9) (Eby et al., 2009), a model of intermediate complexity. The physical model consists of an atmosphere energy balance model, a general circulation ocean model, a sea ice model, and a land surface scheme. All components include coupled carbon cycle descriptions and have a resolution of 1.8° (meridional) x 3.6° (zonal). This model setup of UVic ESCM does not include an ice sheet model and we only discuss the sea level rise due to thermal expansion of the ocean in the following sections.

The atmosphere model is a vertically integrated energy-moisture balance model, which includes planetary long wave, and water vapour feedbacks. Clouds are represented in the albedo of the atmosphere but cloud feedbacks are not included. A wind field is prescribed, but a dynamic wind feedback is included as changes in that wind field due to changes in surface air temperature are calculated. The land is represented using a simplified version of the Met Office Surface Exchange Scheme (MOSES) (Meissner et al., 2003; Cox et al., 1999), coupled to the dynamic vegetation model TRIFFID (Top-down Representation of Interactive Foliage and Flora Including Dynamics) (Cox, 2001).

The ocean is described with a three dimensional general circulation model with 19 vertical layers. It is the Geophysical Fluid Dynamic Laboratory (GFDL) Modular Ocean Model (MOM) (Weaver et al., 2001), which is coupled to a thermodynamic sea
ice model, an inorganic carbon cycle model, a marine biology model (Schmittner et al., 2005) and a sediment model (Eby et al., 2009). Sub-grid scale ocean mixing is described via momentum diffusivity (or viscosity) and tracer diffusivity (Weaver et al., 2001). The following discussion focuses on parametrization of tracer diffusivity and the term ocean mixing only refers to the diffusion of tracers. This diffusion of tracers is parameterized as diffusion along isopycnals (surfaces of constant density) and diffusion across isopycnals. The diffusivity along isopycnals is set to 800 m$^2$s$^{-1}$ and an additional parametrization is implemented to account for instabilities where isopycnals are tilted (Gent and McWilliams, 1990). This additional parameter, referred to as Gent & McWilliams thickness diffusivity, is also set to 800 m$^2$s$^{-1}$. Mixing across isopycnals (diapycnal mixing) is described via a vertical mixing scheme as there is no practical difference between vertical and diapycnal mixing due to isopycnal slope limitations in the ocean model. There are three vertical mixing scheme options in the UVic ESCM 2.9: a vertically and laterally constant mixing scheme, a depth-dependent but laterally constant (Bryan & Lewis) (Bryan and Lewis, 1979) mixing scheme, and a tidal mixing scheme, where mixing due to the dissipation of tidal energy over topography is added to a constant background diffusion parameter (Schmittner et al., 2005).

2.2 Simulations

The UVic ESCM is spun up for 6000 years under pre-industrial (year 1800) conditions for different model versions using different vertical ocean mixing parameter values and schemes (Table 1). The range of mixing parameters is chosen to achieve the widest possible range in ocean heat uptake while keeping the model stable and not necessarily to use parameters that closely reproduce observed ocean tracer distributions. However, for the tidal mixing scheme the range of background diffusivities is informed by studies that aimed at finding a range that best fits tracer observations (Schmittner et al., 2009; Goes et al., 2010; Ross et al., 2012). Mixing along isopycnals only entails small variations in ocean heat uptake (Ehlert et al., 2017) and is therefore set to the default value in all model versions. The 6000 year spin-up is sufficient to make model drift small in ocean temperature (supplementary material, Figure S1) and the model does not require flux adjustment. Global mean ocean temperature drift in the last 1000 spin up years does not exceed 0.045 °C, which is an order of magnitude smaller than the global mean ocean temperature changes in the simulations forced with increasing and decreasing atmospheric CO$_2$. A discussion of the drift at depth and comparison with the results presented in Section 3 is included in the supplementary material.

The default model setting is a Bryan & Lewis vertical mixing scheme with a diffusivity of 0.3 cm$^2$s$^{-1}$ in the deeper ocean and 1.3 cm$^2$s$^{-1}$ in the upper ocean. In a set of sensitivity experiments this range is shifted to higher values of 0.5-1.5 cm$^2$s$^{-1}$ ($k_{v,B&L,high}$) and lower values of 0.1-1.1 cm$^2$s$^{-1}$ ($k_{v,B&L,low}$) while the vertical profile within these ranges remains the same. The mixing scheme is changed from Bryan & Lewis to a vertically constant mixing ($k_{v,con,st}$), where the diffusivity is set to a value between 0.05 cm$^2$s$^{-1}$ and 1.0 cm$^2$s$^{-1}$. Additionally, a tidal mixing scheme is used ($k_{v,tidal}$) and the background diffusivity is set to a value between 0.1 cm$^2$s$^{-1}$ and 0.45 cm$^2$s$^{-1}$.

All model versions are run to a pre-industrial equilibrium and subsequently forced with an idealized scenario of a 1% yearly increase in atmospheric CO$_2$ concentration until quadrupling of the pre-industrial concentration (simulation year 140) followed by a 1% yearly decrease until pre-industrial levels are restored (simulation year 280). The simulations are continued with constant pre-industrial CO$_2$ concentration for another 1120 simulation years. The Transient Climate Response (TCR), which
is the GMSAT at a doubling of atmospheric CO$_2$ relative to pre-industrial, ranges from 1.58 to 2.24°C between the different model versions (Table 1). This range lies within the EMIC TCR range of 0.8 to 2.5 °C (Eby et al., 2013). The Equilibrium Climate Sensitivity (ECS), which is the equilibrium temperature change at doubling of pre-industrial CO$_2$ concentration, for the default model version is 3.5 °C (Eby et al., 2013). For comparison, the likely ranges for the TCR and ECS in the last Intergovernmental Panel for Climate Change (IPCC) report are 1 to 2.5 °C and 1.5 to 4.5 °C, respectively (Collins et al., 2013). A discussion of the ocean heat uptake efficiency between the model versions and comparison to other models can be found in Ehlert et al. (2017).

### Table 1. Description of different model versions and their names as referred to in the text and figures. $k_v$ is the vertical diffusivity. The pre-industrial state of the different model versions is shown for the following variables: global mean surface air temperature (SAT), maximum of the Atlantic meridional overturning stream function (AMOC), and Transient Climate Response (TCR) calculated as GMSAT averaged over a decade centered around year 70.

<table>
<thead>
<tr>
<th>Experiment</th>
<th>vertical mixing scheme</th>
<th>$k_v$ (cm$^2$s$^{-1}$)</th>
<th>SAT (°C)</th>
<th>AMOC (Sv)</th>
<th>TCR (°C)</th>
</tr>
</thead>
<tbody>
<tr>
<td>default</td>
<td>Bryan &amp; Lewis</td>
<td>0.3-1.3</td>
<td>13.39</td>
<td>21.6</td>
<td>1.87</td>
</tr>
<tr>
<td>$k_v, BL_{low}$</td>
<td>Bryan &amp; Lewis</td>
<td>0.1-1.1</td>
<td>13.16</td>
<td>12.7</td>
<td>2.04</td>
</tr>
<tr>
<td>$k_v, BL_{high}$</td>
<td>Bryan &amp; Lewis</td>
<td>0.5-1.5</td>
<td>13.52</td>
<td>25.8</td>
<td>1.67</td>
</tr>
<tr>
<td>$k_v, const_{0.05}$</td>
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<td>0.05</td>
<td>12.89</td>
<td>9.8</td>
<td>2.24</td>
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<tr>
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<td>21.4</td>
<td>1.91</td>
</tr>
<tr>
<td>$k_v, const_{1.0}$</td>
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<td>32.3</td>
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</tr>
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<td>2.00</td>
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<td>1.87</td>
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<td>0.45</td>
<td>13.49</td>
<td>25.8</td>
<td>1.70</td>
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</tbody>
</table>

### 3 Results

#### 3.1 Reversibility of sea level rise

In this section we focus on the thermosteric sea level rise and decline for the default ocean mixing setting (black curves in all figures with line plots) and Section 3.2 discusses the effect of different ocean mixing settings on this response. Global mean surface air temperature (GMSAT) declines shortly after the decline in CO$_2$ is prescribed (Figure 1a). Global mean thermosteric sea level (GMTSL) continues to rise for another 80 years until it starts declining (Figure 1b). The decline is much slower than the rise in GMTSL despite a symmetrically increasing and decreasing atmospheric CO$_2$ concentration. To further investigate the mechanism of the GMTSL rise and decline we investigate ocean temperature as a proxy for GMTSL as the depth profile of ocean temperature gives insight into the distribution of heat in the ocean and will enable comparison with a simple ocean model in Section 3.2. The choice of ocean temperature as a proxy for thermosteric sea level rise is reasonable as changes in global
mean ocean temperature (GMOT) and changes in GMTSL are nearly linearly related and follow a similar temporal evolution (Figure 1b,c).

The decline in GMOT and thus GMTSL is very slow because the warming signal from the previous increase in CO₂ still penetrates into the deep ocean centuries after the radiative forcing returns to zero and heat that entered the mid ocean is mixed into the surface layer very slowly (Figure 2a). Thus, despite a cooling of the surface layer, the deep ocean is still heating, except

Figure 1. Changes in global mean surface air temperature (a), global mean thermosteric sea level (b), and global mean ocean temperature (c) relative to year 0 over time and change in GMOT versus radiative forcing (d). The solid vertical grey line in panel a, b, and c indicates the time of peak atmospheric CO₂ concentration (quadrupling of pre-industrial levels, year 140). The dashed grey line in panel b and c indicates the time GMTSL and GMOT reach maximum values. The dotted-dashed grey line in panel c is the time Figures 2 and 3 refer to (year 1100). Horizontal grey lines mark zero.
at high latitudes where the deep ocean cools (Figure 3b). This cooling is likely associated with an intensification of meridional overturning circulation in the North Atlantic and the Southern Ocean, respectively, which overshoots the original value after CO\(_2\) concentration return to pre-industrial levels (Figure 6; see also discussion in Section 3.2). The decline in GMOT lags the decline in atmospheric CO\(_2\) concentration and also the decline in global mean surface air temperature (GMSAT) to such an extent that by the end of the simulation (1120 years after CO\(_2\) concentration is restored to pre-industrial levels) GMOT and thus thermosteric sea level have not returned to pre-industrial levels. As seen in previous studies (Boucher et al., 2012), GMOT exhibits hysteresis relative to change in radiative forcing as GMOT remains elevated despite zero radiative forcing (Figure 1d). This hysteresis behaviour is due to a lagged response of GMOT to CO\(_2\), rather than a change in the state of the ocean.

**Figure 2.** Depth profile of change in ocean temperature relative to year 0 for the model version with the default mixing setting for various points in time (a). Depth profile of change in ocean temperature relative to year 0 for model versions with different ocean mixing settings at year 140 (dashed curves, year of peak forcing) and year 1100 (solid curves) for Bryan & Lewis mixing scheme (b), constant mixing scheme (c), and tidal mixing scheme (d).

In previous studies it has been assumed that GMTSL change is proportional to GMSAT changes on multi-centennial time scales and thus to radiative forcing (Rahmstorf, 2007; Bouttes et al., 2013). However, this assumption does not hold for declining radiative forcing (Bouttes et al., 2013) and Zickfeld et al. (2017) therefore suggested the following relationship,
Figure 3. Zonal average change in ocean temperature for year 1100 relative to year 0 for the different model versions. Each row shows results for one mixing scheme (Bryan&Lewis mixing, constant mixing, tidal mixing in the 1st, 2nd, and 3rd row, respectively) and the vertical diffusivity increases from left to right.

which holds also under declining radiative forcing:

\[ \frac{d\eta}{dt} = \alpha RF - \beta \Delta T \]

(1)

where \( \eta \) is the sea level rise due to thermal expansion, \( RF \) is the radiative forcing, and \( \Delta T \) is the temperature change relative to a reference year. \( \beta/\alpha \) corresponds to the climate feedback parameter \( \lambda \) in Wm\(^{-2}\)K\(^{-1}\) by analogy of the above equation with the zero dimensional energy balance equation (i.e., \( d\eta/dt = \text{ocean heat uptake} = RF - \lambda \Delta T \)). Applying this framework to the simulation results discussed here shows that while GMTSL is rising the radiative forcing is larger than \( \lambda \Delta T \) (Figure 4). However, when \( \lambda \Delta T \) is larger than the radiative forcing, induced by the lag of the GMSAT decline relative to the decline in radiative forcing, GMTSL declines. Thus the decline of GMOT and GMTSL is due to a negative radiation imbalance at the top of the atmosphere.
3.2 The effect of sub-grid scale ocean mixing on sea level rise and its reversibility

In this section we discuss the effect of different parameters for vertical ocean mixing on GMTSL rise and decline and identify the mechanisms that lead to the differences in GMTSL among model versions with different vertical mixing parameters. Under increasing atmospheric CO\textsubscript{2} concentration, GMTSL rises faster in model versions with higher vertical mixing parameter (Figure 1b,c). Peak GMTSL, which occurs between year 208 and 227 (67 to 86 years after atmospheric CO\textsubscript{2} starts declining), ranges between 0.45 m and 0.80 m. Similarly to the increase, GMTSL and GMOT also decrease faster under higher vertical ocean mixing, with exceptions for $k_{v,B\&L,high}$ and $k_{v,tidal,0.45}$ simulations (Figure 1b,c). In these simulations, the GMOT decrease rate is similar to the rate in model versions with lower mixing parameters. The causes for this behaviour will be discussed later in this section. In most cases a higher decline rate of GMOT for a model version with higher vertical diffusivity results in a crossover of the GMOT curves (Figure 1b,c): for example, the $k_{v,B\&L,low}$ simulation has a slower ocean warming than the default simulation between year 0 and year 900. However, the rate of ocean temperature decline is higher in the default simulation than in the $k_{v,B\&L,low}$ simulation, leading to a crossover of these two ocean temperature curves, and from around year 900 on the default simulation has lower ocean temperatures and thus a lower GMTSL. This behaviour of faster GMOT increase and decline rates under higher mixing, including the crossover of the GMOT curves,
can be explained with a 2-layer model (Figure 5a). This model consists of an upper layer (atmosphere and ocean surface layer) and a lower layer (deep ocean) (Gregory, 2000; Bouttes et al., 2013). The upper layer is thin (depth $d_u$ 100 m) and responds immediately to changes in forcing because it has a small heat capacity. The lower layer is thick (depth $d_l$ 2000 m), has a high heat capacity, and thus provides the inertia of the ocean response. The heat flux between the upper and lower layer is proportional to the temperature difference between these layers and a thermal diffusion coefficient. The temperature for each layer ($T_u$ temperature upper layer, $T_l$ temperature lower layer) can be calculated using the following equations:

\[ cd_u \frac{dT_u}{dt} = RF - c k \frac{(T_u - T_l)}{0.5(d_l + d_u)} - \lambda T_u \]  

(2)

\[ cd_l \frac{dT_l}{dt} = c k \frac{(T_u - T_l)}{0.5(d_l + d_u)} \]  

(3)

where $c = 4.218 \times 10^6$ Jm$^{-3}$K$^{-1}$ is the volumetric heat capacity, $k = 1 \times 10^{-4}$m$^2$s$^{-1}$= 1 cm$^2$s$^{-1}$ is the thermal diffusivity between the layers, $\lambda = 1.0$ Wm$^{-2}$K$^{-1}$ is the climate feedback parameter, and $RF$ (Wm$^{-2}$) is the surface heat flux representing the external radiative forcing, which is prescribed according to a symmetric 1% yearly increase to quadrupling of pre-industrial CO$_2$ levels and subsequent decrease in atmospheric CO$_2$, as in the UVic ESCM simulations. Changes in mixing are achieved by changing the diffusivity $k$ between the layers in the range from 0.05$k$ to 1.0$k$. This range is chosen to correspond to the range in mixing parameters in the UVic ESCM simulations ($k_{v, const}$0.05-1.0 cm$^2$s$^{-1}$) that leads to the widest range in GMOT.

The temperature of the upper layer in the 2-layer model reacts instantaneously to changes in the forcing (Figure 5a). The temperature in the lower layer lags behind the radiative forcing and dominates the total temperature of the ocean (Figure 5b,d) due to its very high heat capacity relative to the heat capacity of the upper layer. Therefore, ocean heat uptake or release can be approximated by the heat exchange between the layers, which is determined by the thermal diffusivity and the temperature gradient between the layers. A higher diffusivity between the layers enables a faster heat exchange between the layers and a faster heat uptake and release by the whole ocean as observed in the model (Figure 5d). However, the temperature gradient between the layers is lowest for the model version with the highest diffusivity (Figure 5c) implying a diminished heat exchange between the layers and a slower ocean heat uptake and release, which is the opposite from what is observed in the model. Therefore, it is the effect of the diffusion on ocean heat uptake that dominates over the effect of the vertical temperature gradient. This 2-layer model also shows a similar hysteresis behaviour as the UVic ESCM (compare Figures 1d and 5e).

One limitation of the 2-layer model is that the heat capacity of the lower layer is very high, which results in a very slow heat release from this layer. This effect is especially strong for very low diffusivity values (Figure 5b blue and red curves). For comparison: in a multi-layer model where heat is transferred step by step from one layer to the next, heat is more easily released because upper layers, which extend deeper than the upper layer in the 2-layer model, have a response time scale that is between that of the upper and lower layer of the 2-layer model and therefore release heat faster than the lower layer in the 2-layer model (Bouttes et al., 2013). Another limitation is that the 2-layer model does not include a representation of the meridional overturning circulation, which intensifies in the UVic ESCM simulations in both the Atlantic Ocean and Southern Ocean after radiative forcing returns to zero and leads to a stronger heat release. Due to these two shortcomings the decline in ocean temperature is much slower in the 2-layer model than in the UVic ESCM and 2-layer model simulations have to be
Figure 5. Temperature changes for the 2-layer model: change in upper ($T_{upper}$) (a) and lower layer temperature $T_{lower}$ (b), difference in the temperature between the layers (c), change in total temperature (d, calculated as average of $T_{upper}$ and $T_{lower}$ weighted by the layer depth), and change in total temperature versus radiative forcing (e). $k=1$ cm$^2$ s$^{-1}$ is the thermal diffusivity between the layers.

extended for 1000 years compared to the UVic ESCM simulations to observe a crossover of the ocean temperature curves. Generally, the initial (pre-industrial) meridional overturning circulation in both the Atlantic Ocean and Southern Ocean increases as vertical diffusivity increases (Figure 6a and 6c) in the UVic ESCM model versions. In addition, the response of the meridional overturning circulation to the radiative forcing also differs among model versions. These differences in the over-
turning response lead to divergences between the results from UVic ESCM simulations and 2-layer ocean model simulations as will be discussed in the following. The UVic ESCM simulations diverge from the 2-layer ocean model behaviour for two model version pairs. The model version with default ocean mixing setting and the $k_{v,B&L high}$ model version have different vertical diffusivities but a similar GMTSL decline rate. The same is true for the $k_{v,tidal 0.2}$ and the $k_{v,tidal 0.45}$ model version.

For each model version pair, the uptake of heat is faster for the model version with the higher vertical diffusivity but the rate of heat release is approximately the same. This similar ocean heat release rate is likely caused by a stronger intensification of the overturning circulation in both the Atlantic and Southern Ocean in response to the declining radiative forcing in the simulations with lower vertical diffusivity (i.e., default mixing setting and $k_{v,tidal 0.2}$).

**Figure 6.** Meridional overturning circulation (MOC) in the Southern Ocean (a) and in the North Atlantic (c). Change in the MOC relative to year 0 in the Southern Ocean (b) and in the North Atlantic (d). The MOC in the Southern Ocean and the North Atlantic are computed from minimum and maximum, respectively, of the zonally averaged stream function below a depth of 400 m. The stream function is calculated from decadal averages of the meridional velocity. The maximum of the zonally averaged stream function occurs between $30^\circ$N and $40^\circ$N and the minimum occurs between $0^\circ$S and $70^\circ$S.

The globally averaged vertical ocean temperature profiles illustrate that higher mixing does not always entail a stronger decline in ocean temperatures (Figure 2b,d). At year 140 (year of peak forcing), for the simulations with Bryan& Lewis mixing scheme (default mixing setting, $k_{v,B&L low}$ and $high$) and the tidal mixing scheme ($k_{v,tidal}$), the temperature change relative to year 0 in the surface and mid-ocean is higher for simulations with higher vertical diffusivities. However, at year 1100 the default mixing
and $k_{v,tidal}0.2$ simulations show the lowest ocean temperature below a depth of around 1100 m. Interestingly, in those cases the deep ocean has also cooled more than the mid ocean, probably induced by increased meridional overturning circulation (MOC) in the Southern Ocean. For the tidal mixing scheme, both simulations with the lower mixing setting ($k_{v,tidal}0.1$ and 0.2) have a stronger cooling than the simulation $k_{v,tidal}0.45$. The discussion of the overturning circulation and especially its response to the declining radiative forcing will give further insights into this behaviour.

Both the Atlantic Meridional Overturning Circulation (AMOC) and MOC in the Southern Ocean decline in response to increased atmospheric CO$_2$ concentration and the associated global warming (Figures 6a,c). The AMOC response to global warming has been well studied (Stocker and Schmittner, 1997; Rahmstorf, 2006; Meehl et al., 2007; Liu et al., 2017) and the decline in the AMOC under warming is due to warming and freshening of North Atlantic surface waters (Rahmstorf, 2006). The AMOC increases again in a delayed response to the decrease in radiative forcing (Figure 6c). This decrease leads to a cooling of surface waters and also an increase in sea ice formation that increases surface water density and thus deep water formation. The AMOC even overshoots its pre-industrial strength (Figure 6d) due to a build up of salinity in the subtropical gyre in the northern Atlantic while the AMOC is weaker (Wu et al., 2011). When the AMOC strengthens again as a response to declining surface temperature this salinity anomaly is advected northward, which results in denser water in the North Atlantic and an intensified AMOC. This AMOC overshoot has been linked to an increased rate of ocean heat release (Bouttes et al., 2015) and thus a stronger GMTSL decline. Earlier studies (Knutti and Stocker, 2000; Levermann et al., 2005) found a slow increase (over several millennia) of global mean sea level after a shut down of the AMOC because the reduction of the surface temperature induced by the AMOC shutdown reduces the radiation lost to space and thereby increases ocean heat uptake. A rapid regional thermosteric sea level rise in the North Atlantic with thermosteric sea level decrease in the Southern Ocean is also shown by Levermann et al. (2005). This slow increase of global sea level under AMOC shutdown is in contrast to the mechanism we propose whereby GMTSL rises less with a weaker AMOC. However, the mechanism between a slowdown of the AMOC and a complete shutdown could be different because a slightly weaker AMOC does not induce such strong changes in surface temperature. Declining MOC in the Southern Ocean response to anthropogenic climate change has been seen in models and observational data (Purkey and Johnson, 2012) but to our knowledge the causes for this response have not been explored. MOC in the Southern Ocean increases as a delayed response to the decreasing radiative forcing (Figure 6a), likely due to surface cooling and increased sea ice formation, and it also intensifies above pre-industrial levels (Figure 6b). However, this intensification is much smaller and slower than the AMOC overshoot. Further investigation is needed to fully explain the processes that cause this intensification.

Both AMOC and MOC in the Southern Ocean overshoot/intensify more strongly in the model versions with lower mixing setting (i.e., in the model version with default mixing relative to $k_{v,B&L high}$, and $k_{v,tidal}0.1$ and 0.2 relative to $k_{v,tidal}0.45$, Figure 6b,d), which leads to faster heat release as the exchange between deep/bottom waters and surface waters is enhanced. This intensification in overturning circulation likely offsets the slower heat exchange between upper and deeper ocean in the model version with lower mixing (i.e., default mixing setting and $k_{v,tidal}0.2$). The cooling effect on the deep and bottom waters from stronger than pre-industrial AMOC and MOC in the Southern Ocean is also evident in the zonally averaged ocean temper-
ature changes (Figure 3), where the simulations with default ocean mixing and $k_{v,tidal0.2}$ have more cooling in the mid ocean at northern high latitudes and the deep ocean at southern high latitudes than in the $k_{v,B&L\text{high}}$ and $k_{v,tidal0.45}$ simulations. The deep ocean cooling is less pronounced in the $k_{v,tidal0.2}$ case. Also the $k_{v,tidal0.1}$ has a very strong AMOC overshoot (Figure 6d), which together with the lower heat uptake during the increasing forcing phase results in a stronger cooling than in the $k_{v,tidal0.45}$ simulation.

A special case is the $k_{v,const1.0}$ simulation, which has the highest vertical mixing of all simulations. Here, the GMOT and thus GMTSL decline below pre-industrial levels implying that more heat is being released than initially entered the ocean. This strong cooling is likely linked to a strong intensification of MOC in the Southern Ocean under this very high mixing setting (Figure 6b, red curve). This assumption is supported by a strong cooling in the Southern Ocean along the path of MOC in the Southern Ocean (Figure 3f). The intensification of MOC in the Southern Ocean is likely enabled by a deep convection cell that persists in this model version for multiple centuries in the Southern Ocean. Due to the high vertical mixing in this model version, the deeper ocean is relatively warm (compared to other model versions), which causes instabilities in the Southern Ocean where surface water are very cold and convection cells form. While atmospheric CO$_2$ increases these cells only persist for a decade or less and therefore do not have a significant effect on ocean heat uptake and GMTSL. However, when atmospheric CO$_2$ and thus GMSAT decline the surface ocean cools, which reinforces the deep convection and enables for the convection cell to persist for centuries. High vertical mixing at all depth is not observed and therefore this model version and the strong decline in GMTSL may not be realistic.

A warming tongue just north of the Antarctic Circumpolar Current can be observed for most model version even towards the end of the simulations (Figure 3). This agrees with observations and simulations, which show strong ocean heat uptake of anthropogenic induced warming in the Southern Ocean along the downwelling branch of the residual meridional overturning circulation (Liu et al., 2017). The majority of this heat is stored around 45°S where surface waters sink down and travel northward (Armour et al., 2016).

### 4 Discussion and Conclusions

In this study the reversibility of thermosteric sea level rise in response to a symmetric increase and decrease in atmospheric CO$_2$ concentration is examined. Furthermore, the sensitivity of this reversibility to sub-grid scale ocean mixing is investigated, which also gives further insight into the role of ocean circulation in this reversibility. Different versions of the UVic ESCM 2.9, which differ in the parametrization of vertical sub-grid scale ocean mixing, are forced with a 1% yearly increase in atmospheric CO$_2$ concentration until quadrupling of pre-industrial levels, followed by a 1% yearly decrease in CO$_2$ and constant pre-industrial CO$_2$ concentration thereafter. Such a strong decline in atmospheric CO$_2$ concentration can only be realised with net negative CO$_2$ emissions, i.e., artificial removal of CO$_2$ from the atmosphere. The net negative CO$_2$ emissions required to achieve a 1% yearly decline in atmospheric CO$_2$ are likely unfeasible with current technologies (Boucher et al., 2012; Tokarska and Zickfeld, 2015) and the results shown in this study are therefore conservative. Thus, also the strong change between positive
and negative emissions needed to achieve the turn between a 1% yearly CO\textsubscript{2} increase and a decrease is technologically unlikely. Negative emission rates needed to achieve a 1% yearly decline are reach up to 20 PgC yr\textsuperscript{-1}, whereas for comparison negative emission rates in the RCP2.6 do not exceed 1.6 PgC yr\textsuperscript{-1} in the UVic ESCM default ocean mixing version. Technological feasible negative emissions have been estimated to range between 2.7 PgC yr\textsuperscript{-1} and 9.5 PgC yr\textsuperscript{-1} (Tavoni and Socolow, 2013; National Research Council, 2015)

We find that thermosteric sea level rise is not reversible on human time scales (decadal to centennial time scales) as it continues for 80 years after atmospheric CO\textsubscript{2} concentration starts declining and drops only slowly thereafter. The decline of GMTSL is much slower than the rise due to the thermal inertia of the ocean, which is expressed by a warming signal in the deeper ocean that persists for almost a millennium after atmospheric CO\textsubscript{2} concentration is restored to pre-industrial levels. Furthermore, GMTSL does not revert to pre-industrial values by the end of the simulations (1120 years after atmospheric CO\textsubscript{2} concentration is restored to pre-industrial levels). The release of heat by the ocean, and thus a declining GMTSL, are explained by invoking a 0-D EBM where the rate of GMTSL rise is linked to radiative forcing and a term representing radiative damping to space. This model shows that a declining GMTSL is enabled by radiative forcing being lower than the change in GMSAT scaled by the climate feedback parameter.

Generally, sea level rise and decline rates in response to increasing and decreasing atmospheric CO\textsubscript{2} increase with higher vertical diffusivity, which can be explained with a simple 2-layer ocean model with diffusion of heat between a thin upper layer and a deep lower layer. Exceptions to this behaviour in the UVic ESCM simulations are linked to a strengthening of the meridional overturning circulation beyond pre-industrial values in the North Atlantic and the Southern Ocean after recovering from a decline induced by the increasing radiative forcing. Generally, this intensification in meridional overturning circulation beyond pre-industrial values is stronger in model versions with lower vertical diffusivity. In some cases this intensification is so large in the model version with lower diffusivity that it offsets the effect of decreased diffusivity and GMTSL decline rates are similar among model versions with different diffusivity values. Stronger MOC in the Southern Ocean and the North Atlantic increase the exchange of heat between the upper and the deeper ocean and the intensification of this deep and bottom water formation beyond their pre-industrial levels increases the release of heat from the ocean. Especially the intensification of MOC in the Southern Ocean results in a cooling of the deep ocean after radiative forcing has returned to zero.

Limitations of the research presented here are that the model used (UVic ESCM 2.9) does not include an interactive ice sheet component and no interactive representation of cloud feedbacks. The lack of an interactive ice sheet component means that sea level rise and possible decline from the melting and possibly regrowing ice sheets in response to the increase and decline in radiative forcing is not included. The contribution to sea level rise from melting ice sheets is projected to become dominant in the future and reversibility of sea level rise from ice sheet melting would be delayed due to their long response time scales and possible threshold behaviour (Robinson et al., 2012; Church et al., 2013). However, there are large uncertainties for these contributions due to incomplete understanding of ice sheet dynamics (Church et al., 2013). No interactive representation of cloud feedbacks affects ocean heat uptake as investigations with AOGCMs have shown that changes in cloud cover enhance the atmospheric cooling effect from changes in location of ocean heat uptake induced by changes in ocean circulation due to climate change (Trossman et al., 2016). Thus the model used here might underestimate the effect of changes in ocean
circulation on ocean heat uptake under increasing atmospheric CO\textsubscript{2}. Whether this effect between ocean heat uptake, changes in ocean circulation, and cloud cover is also in effect when the changes in ocean circulation are induced by changes in ocean mixing or how this link evolves under declining CO\textsubscript{2} concentration is unclear.

These limitations are unlikely to affect the robustness of the result that thermosteric sea level rise is not reversible on human time scales. Including the contribution from ice sheets to sea level would make sea level rise even less reversible due to the very long response timescales of ice sheet dynamics. Significant changes in the response time of thermosteric sea level changes from including dynamic cloud feedbacks are unlikely as the associated effect on ocean heat uptake is very small, only 0.01Wm\textsuperscript{-2} in a previous study (Trossman et al., 2016). Furthermore this study shows that irreversibility of GMTSL rise on human timescales is robust against the choice of vertical diffusivity.

Generally, ocean thermal expansion induced by rising CO\textsubscript{2} concentration does not revert to pre-industrial levels for at least a millennium after CO\textsubscript{2} concentration is restored to pre-industrial levels irrespective of the choice of vertical diffusivity. It has been argued that models are too diffusive relative to the real ocean (Hansen et al., 2011). Thus a less diffusive ocean would imply a lower GMTSL rise at first but would increase the duration of elevated sea levels after CO\textsubscript{2} concentration are restored to pre-industrial levels. It should be noted though that simply increasing the diffusivity in climate models is not possible as a highly diffusive ocean is needed to properly parameterize unresolved eddies that close the meridional overturning circulation (Marshall and Speer, 2012). The reversibility of sea level rise would likely be prolonged further if sea level rise from melting ice sheets would be taken into account as ice sheets respond on even longer time scales than ocean heat uptake and their contribution to sea level rise is projected to increase in the future (Church et al., 2013; Clark et al., 2016).

We conclude that sea level rise from thermal expansion is not reversible even under strong decreases in atmospheric CO\textsubscript{2} far beyond time scales relevant to human civilization.

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